

Patient Information

Name _____ Age _____ Gender: M F (Pregnant: Yes No)
 Home Address _____ Home Phone _____
 City, State, Zip _____ Cell Phone _____
 Email Address _____
 Birth date _____ Social Security Number _____ Marital Status: S M D W P
 Occupation, Employer _____
 Emergency Contact _____ Phone _____
 How were you referred to this office? _____
 Who is your Primary Care Doctor? _____

Is This Visit Related To A: Work Injury Car Collision Injury Home Injury Non-Injury Symptoms Other

Experience with Chiropractic

Have you seen a Chiropractor before? Yes No Who? _____
 Reason for visit(s) with previous provider: _____
 Did your previous provider take x-rays? Yes: Year _____ No What was the diagnosis? _____
 Did they recommend a specific course of treatment? Yes No
 Did they recommend a home health care program? Yes No If yes, what? _____
 How long were you treated? _____ Last treatment date: _____
 How did you respond? _____

Health & Lifestyle

Do you exercise? Yes No How often? _____ day(s) per week; Other: _____
 What are your current Hobbies? _____
 Do you smoke? Yes No How much/how often? _____
 Do you drink alcohol? Yes No How much/how often? _____
 Do you drink coffee? Yes No How much/how often? _____
 How much water do you drink daily? _____ cups (1 cup = 8oz)
 Do you take supplements? Yes No Please list: _____
 Do you sleep on your: Back Side Stomach

Health History

Have any of your family members ever been diagnosed with the following?

- | | | | | |
|-------------------------------------------------|-----------------------------------------------|------------------------------------------------|------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> STROKE | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Neurological Problems | <input type="checkbox"/> Lung Disease | <input type="checkbox"/> Lumbago |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Circulatory Problems | <input type="checkbox"/> Migraine Headaches | <input type="checkbox"/> Heat Murmur | <input type="checkbox"/> Eczema/Psoriasis |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Cancer | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Epilepsy/Seizures |
| <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Paralysis | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Small Pox |
| <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Metal Implants | <input type="checkbox"/> Infectious Disease | <input type="checkbox"/> Gall Bladder | <input type="checkbox"/> Measles |
| <input type="checkbox"/> Broken Bones/Fractures | <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Tonsillectomy | <input type="checkbox"/> Hernia | <input type="checkbox"/> Pleurisy |
| <input type="checkbox"/> Pneumonia/Bronchitis | <input type="checkbox"/> Polio | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Anemia | <input type="checkbox"/> Mumps |
| <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Chicken Pox/Shingles | <input type="checkbox"/> Blood Sugar Problems | <input type="checkbox"/> Influenza | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Other: _____ | | | | |

Injury History

List ALL past **Auto Collisions**, Month/Year, type of collision (rear-end, side impact) and if care was given.

1. _____
2. _____
3. _____

List ALL past **Hospitalizations and Surgeries**, Month/Year, and type of injury.

1. _____
2. _____
3. _____

Please list all **medications** you are currently taking: _____

Patient Name: _____

What brought you in to see us today?

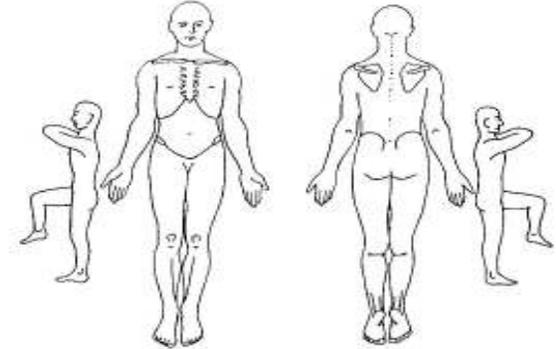
How did you hurt yourself?

When did the symptoms begin?

On the picture below, use the **indicated marks** to show areas where you have, at any time, experienced:

Indicator Marks:

Pain:	XXXX
Numbness:	////
Tingling:	****



Please indicate your pain from 0-10; with 10 being the worst pain and 0 being no pain.

Circle all that Apply

Cervical (Neck) ___/10 Is the pain on the: Left Right Center	Thoracic (Mid-Back) ___/10 Is the pain on the: Left Right Center	Lumbar (Low-Back) ___/10 Is the pain on the: Left Right Center
Type of Pain: Burning Numbness Stabbing Dull Sharp Throbbing Tight Aching Tingling Tender	Type of Pain: Burning Numbness Stabbing Dull Sharp Throbbing Tight Aching Tingling Tender	Type of Pain: Burning Numbness Stabbing Dull Sharp Throbbing Tight Aching Tingling Tender
How Often is Pain during Waking Hours? Intermittent (0-25%) Frequent (51-75%) Occasional (26-50%) Constant (76-100%)	How Often is Pain during Waking Hours? Intermittent (0-25%) Frequent (51-75%) Occasional (26-50%) Constant (76-100%)	How Often is Pain during Waking Hours? Intermittent (0-25%) Frequent (51-75%) Occasional (26-50%) Constant (76-100%)
Are you experiencing Headaches? Yes <input type="checkbox"/> <input type="checkbox"/> No If yes how often?	Do you get pain with breathing? Yes <input type="checkbox"/> <input type="checkbox"/> No If Yes, Where? _____	Do you have pain with coughing, sneezing or going to the bathroom? Yes <input type="checkbox"/> <input type="checkbox"/> No If Yes, Where? _____
Are you experiencing pain down your arms? Yes <input type="checkbox"/> <input type="checkbox"/> No If yes, Left Arm or Right Arm or Both	Does your pain wrap around your ribs? Yes <input type="checkbox"/> <input type="checkbox"/> No If Yes, Where? _____	Do you have pain in butt or down the leg? Yes <input type="checkbox"/> <input type="checkbox"/> No
How do the following motions affect your pain? No Change Relieves Increased	How many hours per day do you sit in a chair? _____ hrs How many hours per day are you at a computer? _____ hrs	How do the following motions affect your pain? No Change Relieves Increased
Looking Up <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Looking Down <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Right Head Rotation <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Left Head Rotation <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		Sitting <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Walking <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Standing <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Lying Down <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Lifting <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Bending <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Patient Initials: _____

List of Extremities:

Shoulder	TMJ/Jaw	Knee
Elbow	Ribs	Ankle
Wrist	Hand	Foot

Please indicate Right or Left by Circling R or L



Extremity: R L _____/10			Extremity: R L _____/10		
Type of Pain:	Burning	Numbness	Type of Pain:	Burning	Numbness
Stabbing	Dull	Sharp	Stabbing	Dull	Sharp
Throbbing	Tight	Aching	Throbbing	Tight	Aching
Tingling	Tender		Tingling	Tender	
How Often is Pain during Waking Hours?			How Often is Pain during Waking Hours?		
Intermittent (0-25%)		Frequent (51-75%)	Intermittent (0-25%)		Frequent (51-75%)
Occasional (26-50%)		Constant (76-100%)	Occasional (26-50%)		Constant (76-100%)

What have you done to try to relieve the pain?

Heat	Ice	Stretching	Nothing Helps
Rest	Medicine	Massage	Other: _____

Have you seen another professional for this condition?

Medical Doctor: _____

Chiropractor: _____

Physical Therapist: _____

Other: _____

Prior Similar Symptoms

I have NOT had prior symptoms similar to my current complaints

My current complaints DID exist before, but have not been bothering me.

My current complaints ALREADY existed and were worsened.

Has your History contributed to your current symptoms?

My history HAS contributed to my current symptoms.

My history HAS NOT contributed to my current symptoms.

I'm NOT SURE if my history has contributed.

Circle the TOP 3 activities which are most affected by your pain. Circling an activity does not necessarily mean you are unable to perform it, it simply means your pain affects the activity, even just your enjoyment.

Walking	Sitting	Showering	Jogging	Standing	Dishes
Reading	Driving	Sex	Shaving	Gym	Chores
Working	Swimming	Sleeping	Bending	Dressing	Gardening

Please mark each that apply to your Daily Activities:

- Stays at home most of the time due to the problem
- Changes position frequently to try and get comfortable
- Walks more slowly than usual because of the problem
- Does not do jobs about the house because of the problem
- Has to use handrails to get up the stairs
- Has to lie down and rest frequently due to the problem
- Has to hold onto something to sit or stand from a chair
- Has to get other people to do things for you
- Has difficulty getting dressed due to the problem
- Can only stand for short periods due to the problem
- Has difficulty bending or kneeling due to the problem
- Has difficulty turning over in bed due to the problem
- Has a loss of appetite due to the problem
- Can only walk short distances because of the problem
- Has difficulty sleeping because of the problem
- Has to get dressed with someone's help
- Has to sit most of the day because of the problem
- Has more irritable because of the problem
- Stays in bed most of the day because of the problem

How often do you have to stop activities to sit or lie down to control your pain?

- All Day
- Several times a day
- Occasionally
- Approx Once per day
- Never

Patient Initials: _____

Patient Name:

We would like to take a moment to welcome you to our clinic and assure you that you will receive the very best of care available for your condition. The following are our clinic financial policies please familiarize yourself with our policies, please initial each section. If you have any questions, please contact the front desk. Thank You

 Covered/Non-Covered Services

I understand that the services rendered and/or supplies/aides given to me may not be considered eligible for benefits (eg. Services and/or supplies/aides may be determined to be not medically necessary, non-covered or investigational) by my health insurance company. I understand that my health insurance coverage has certain restrictions and limitations, such as authorization requirements, and non-covered services and/or supplies/aides. Since I have chosen to obtain the services and/or supplies/aides, I agree to be financially responsible for any and all related charges, if they are not covered by my insurance.

Your treatment plan makes it necessary to utilize not only Chiropractic Care codes, but to also utilize what is best described as Physical Rehabilitation codes. Policy benefits for both areas of care vary greatly by insurance policy and we cannot be aware of each person's specific policy benefits. To provide our best level of care, we provide a treatment plan that is specific for you and not based on your insurance policy benefits. Your specific policy benefits will determine what your patient responsibility will be. Our office will not quote insurance benefits; therefore, you are encouraged to contact your health plan. **It is ultimately your responsibility to check with your insurance to understand the contract and coverage.**

If you are unsure of your insurance benefits or your deductible, a charge of \$50 will be applied for each date of service until benefits can be determined by your insurance carrier. These monies will be placed on your account towards any out of pocket expenses as determined by your insurance plan.

Primary Insurance Company: _____ Secondary Insurance Company: _____

Policy #: _____ Policy #: _____

Group #: _____ Group #: _____

 Billing and Payments

You, the patient or legal guardian, are responsible for all claims made to your insurance. Billing is a courtesy service which we provide to our patients at no extra charge. This office will provide any necessary reports or required information to aid in insurance reimbursement of services. In the event of the insurance plan's denial of benefits or claim payments, the patient is responsible for the total balance due to the provider. If the insurance carrier requires the patient to send in more information regarding his/her claim and the patient fails to return the required information to the carrier, the patient will be billed for the entire balance on the claim, as the insurance company requires the provider to do.

All co-pays and known co-insurance amounts are due at the time of service.

In the event you do not have health insurance coverage, we do offer a Time of Service reduction of our fee schedule. This reduced fee must be paid at time of service in order to receive the reduction; if payment is not received on the same date of service, then our regular fee schedule rates will be applied to your account.

All outstanding unpaid patient account balances over \$75 will result in the inability for the patient to schedule future appointments, until the patient portion of the account is paid, or payment arrangements are made.

If an account is delinquent for more than 60 days, we reserve the right to charge a 1.75% interest rate per month, an annual rate of 21%.

Patient Name:

___ Assignment of Benefits

By signing this form you are authorizing payment of medical benefits will be made directly to this office. If your insurance carrier sends payment to you for services incurred in this office, you agree to send or bring those payments to this office upon receipt. However if you pay for your visits in full the assignment will not be reported by this provider and any payment will be send directly to you.

___ Payment Methods

We accept Cash, Check, Visa, MasterCard and Discover; however anytime your Debit or Credit Card is swiped we charge a \$3 processing fee. Our Wellness programs on Auto-Debits are excluded from this processing fee.

___ Reminders/Missed Appointments

With the exception of emergencies, it is vital that you keep all your appointments. Reminder cards, emails and text messages are available to help you save the date and time of your appointments.

Our patient's, staff and doctor's time is valuable, and we wish to provide every patient with an excellent experience. Please provide us the courtesy of a 24 hour cancellation or change notice if you are unable to keep your appointment time. A \$25 missed appointment fee will be charged for a no call, no show appointment, or an appointment change without 24 hour notice.

___ Credit Card Authorization

A credit card will remain on file for the purpose of missed appointments. The credit card will not be charged for any other services without the permission of the patient. This information will be kept confidential and stored per HIPAA regulations.

Card Number: _____ Expiration Date: _____ CVC: _____

___ Patient Statements

Patient statements are sent out on the 10th of each month for the previous months billing and payment activities. Payments on your account are due by the last day of the month in which the statement was sent. Patients are given 90 days to make payments on account before sent to pre-collections. If at any time a payment cannot be made, please call our office to set up a payment plan or inform the clinic of your situation as you may qualify for deferred payments.

All accounts with patient portion balance showing no patient payment activity will be charged a \$10 monthly Account Maintenance Fee, for each month no payment is made on the account.

___ Statement of Privacy

We use and disclose the information we collect from you only as allowed by Health Insurance Portability and Accountability Act and Washington State. This includes issues relating to your treatment, payment, and care operations. Your personal health information will never be otherwise given to anyone without your written consent. You may give written authorization for us to disclose your information to anyone you choose, for any purpose. Our office and systems are secure from unauthorized access and our team is trained to make certain that the confidentiality of your records is always protected. Our privacy policy and practices apply to all former, current, and future patients. We will only request personal information needed to provide our standard of quality chiropractic or massage care, implement payment activates, conduct normal business operations, and comply with the law. This includes name, address, phone numbers, SSN, employment date, medical history, health records, etc. We are obligated to provide information to law enforcement and governmental officials under certain circumstances. We may use and/or disclose your information to communicate reminders about your appointments including text messaging, voicemail messages, and mailings. You



Patient Name:

have a right to request copies of your healthcare information; all requests must be in writing. We may charge for copies in the amounts allowed by law. If you believe your rights have been violated, we urge you to notify us immediately. You can also notify the US Dept of Health and Human Services. We thank you for being a patient at our office.

____ **Release of Information**

If we bill your insurance company, and your insurance company requires medical reports or records to document your treatment or progress, your signature below authorizes this office to release the medical information necessary to process your claim.

If you pay at the Time of Service and insurance is not billed by our clinic, then your signature below verifies that our clinic will not bill insurance for any services rendered and in turn your health insurance company will not be able to request medical records for services rendered.

____ **Terms of Acceptance**

When a patient seeks chiropractic care, it is essential for both patient and clinic to be working towards the same objective. Chiropractic has only one goal. It is important that each patient understand both the objective and the method used to attain it. This will prevent any confusion or disappointment. An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Vertebral Subluxation is a misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential. We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the service of a health care provider who specializes in that area. Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding the treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxations. The doctor and/or his staff will not be held responsible for any health conditions or diagnoses which are pre-existing, given by another health care provider, or are not related to the spinal structural conditions diagnosed at this clinic.

____ **Arbitration Agreement**

It is understood that any dispute as to medical malpractice, including whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration. Further, the parties will not have the right to participate as a member of any class of claimants, and there shall be no authority for any dispute to be decided on a class action basis. Arbitration can only decide a dispute between the parties and may not consolidate or join the claims of other persons who have similar claims.

Patient Printed Name: _____ **Date:** _____

Patient Signature: _____

Patient Name:

Informed Consent to Chiropractic Treatment

As with any healthcare procedure there are certain complications which may arise during chiropractic manipulation and therapy. Doctors of Chiropractic are required to advise patients that there are risks associated with such treatment. In particular you should note:

- 1.) Some patients may experience some stiffness or soreness following the first few days of treatment.
- 2.) Some types of manipulation have been associated with injuries to the arteries of the neck leading or contributing to serious complications including stroke. This occurrence is exceptionally rare and remote. However, you are being informed of the possibility regardless of the extreme remote chance.
- 3.) I will make every effort to screen for any contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.
- 4.) Other complications may include fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns.

The probabilities of these complications are rare and generally result from some underlying weakness of the bone or tissue which I check for during the history, examination, and x-ray (when warranted).

I acknowledge I have had the opportunity to discuss the associated risks as well as the nature and purpose of treatment with my chiropractor.

I authorize and agree to allow the doctor and/or his designated staff to work with my spine and the spine of the charge I represent through the use of spinal adjustments and rehabilitative exercises for the sole purpose of postural and structural restoration of normal bio-mechanical and neurological function.

I intend this consent to apply to all my present and future chiropractic care.

Patient Printed Name: _____ **Date:** _____

Patient Signature: _____